



KLA Menu

March 2022
Breakfast

This institution is an equal opportunity employer.

Monday

Tuesday

Wednesday

Thursday

Friday

Spring Break

Spring Break

Spring Break

Spring Break

Cheerios
Applesauce
Muffin
Milk

Scrambled Eggs
Ham
Pineapple
Graham Crackers
Milk

Pancakes
Sausage
Peaches
Graham Crackers
Milk

French Toast Sticks
Breakfast Potatoes
Mixed Fruit
Graham Crackers
Milk

Biscuits & Gravy
Pears
Muffin
Milk

Breakfast Burrito
w/Potatoes
Applesauce
Muffin
Milk

Oatmeal
Pineapples
Yogurt Parfait
Milk

Breakfast Pizza
Peaches
Graham Crackers
Milk

Breakfast Sandwich
Mixed Fruit
Graham Crackers
Milk

Waffles
Sausage
Pears
Muffin
Milk

Pancakes
Applesauce
Graham Crackers
Milk

Breakfast Casserole
Pineapples
Graham Crackers
Milk

Breakfast Sandwich
Peaches
Graham Crackers
Milk

Scrambled Eggs
Mixed Fruit
Graham Crackers
Milk

Cheerios
Pears
Muffin
Milk

Cheerios
Applesauce
Muffin
Milk

Scrambled Eggs
Pineapples
Graham Crackers
Milk

Pancakes
Peaches
Graham Crackers
Milk

French Toast Sticks
Breakfast Potatoes
Mixed Fruit
Graham Crackers
Milk

SERVED DAILY

fresh or canned fruit



milk or chocolate milk

Nutrition Corner Bananas

- ✓ Helps improve digestive health
- ✓ Extremely high in potassium
- ✓ Supports heart health
- ✓ Contain powerful antioxidants



The USDA recommends that half of the grains you consume in a day whole grains.



KLA Menu

March 2022
Lunch

This institution is an equal opportunity employer and provider.

Monday

Tuesday

Wednesday

Thursday

Friday

Spring Break

Spring Break

Spring Break

Spring Break

Chicken Nuggets
Rice
Spinach
Applesauce
Milk

Spaghetti w/Meat
Sauce
Garlic Bread
Green Beans
Pineapples
Milk

Sweet and Sour
Chicken w/Egg Rolls
Rice
Carrots
Peaches
Milk

Chili Cheese Dogs
Baked Beans
Mixed Fruit
Milk

Beef and Bean
Burrito
Spanish Rice
Green Peas
Pears
Milk

Grilled Chicken
Sandwich
Rice
Spinach
Applesauce
Milk

Bacon Cheese Burger
Baked Beans
Pineapples
Milk

Teriyaki Chicken
w/Egg Rolls
Rice
Carrots
Peaches
Milk

Pizza
Green Beans
Mixed Fruit
Milk

Pot Roast
Mashed Potatoes
Dinner rolls
Pears
Milk

Sweet and Sour
Chicken
Rice
Wontons
Carrots
Pears
Milk

Beef and Bean Chili
Rice
Cornbread
Pineapples
Milk

Chicken Nuggets
Green Beans
Peaches
Milk

Roasted Turkey
Mashed Potatoes
Dinner Rolls
Corn
Mixed Fruit
Milk

Pizza
Broccoli
Applesauce
Milk

Breaded Shrimp
Spinach
Applesauce
Milk

Lasagna
Garlic Bread
Green Beans
Pineapples
Milk

Kung Pow Chicken
Rice
Egg Rolls
Carrots
Peaches
Milk

Pizza
Green Beans
Mixed Fruit
Milk

Menu is subject to change.

**PROUDLY
SERVED BY
NMS**



The USDA recommends that half of the grains you consume in a day whole grains.